Bloomfield Jr. Warhawks

Football & Cheerleading Organization

Parents & Players Informational

2022 Pop Warner Season Booklet

bloomfieldjrwarhawks@gmail.com

Bloomfield Jr Warhawks
330 Park Avenue
Bloomfield CT 06002

BJW Pop Warner Board Members Executive

BOARD POSITION	NAME	E-MAIL
President	**James L. Jenkins Sr.**	ukondenali22@aol.com or Breeze.KM12@gmail.com
Vice President- Business Operations	**Quentin McDougald**	nothingbutwebllc@gmail.com
Vice President – Football Operations	Portia Jenkins	Pmjenkins14@gmail.com
Secretary - Recording	Sierra Willis	dajour1son@yahoo.com
Financial Secretary/Fundraising	Spencer Darnell Williams	
Treasurer	Shana Rivera	gottagetshana@gmail.com
Football Director	Aaron Kennedy	Aaronjkennedy2@gmail.com
Cheer Director	Tomeka Fields	Mekafields@iclouds.com
Business Director/Assistant Football Director	Trevor Ford	trevford2@gmail.com
Business Manager	Crystal Gist	crystal@bodyrocfitlab.com
Scholastics Director		

BJW Pop Warner Board Members

Team Parent Coordinator	Sierra Willis	**dajour1son@yahoo.com**
Marketing/Event Coordinator		
Concession Manager	Interim Portia Jenkins	**Pmjenkins14@gmail.com**
Registration Coordinator	Interim Shana Rivera	**gottagetshana@gmail.com**
Safety Director	Breyone Evans	Breyone.evans@yahoo.com
Web Master/Social Media /Graphic Design Team	Quentin McDougald	**nothingbutwebllc@gmail.com**
Merchandising Team		
Public Relations Team/Community Outreach Director		
Banquet Team	Crystal Gist	
Fundraising Team	Kim D unbar interim	**TDunbar094@gmail.com**
Media Team		
Street Team – Home games – Platinum sponsors	Wesley Flippen - interim	**Ct5682@gmail.com**

Your child's individual team Head Coach can be reached at the number listed below or you can see him *after* any scheduled practice or game.

Coach Contact Information

Football Director - Aaron Kennedy - (860) 478-1873 - Aaronjkennedy2@gmail.com

14U

Name	Phone	Email
Aaaron Kennedy*	(860) 478-1873	Aaronjkennedy2@gmail.com
Trevor Ford	(860) 716-9748	Trevford2@gmail.com
Corey Mitchell	(860) 250- 6247	Cam822@gmail.com
Hector Macintosh	(860) 209-2576	linkzmedia@sbcglobal.net
Ben	(860) 913-3452	Benjaminellis@wildcopes.com
Jamaal Gibson	(860) 982-6773	j.gibson01@yahoo.com
Naciki Reid	(860) 810- 2384	Naciki.reid@gmail.com
TEAM MOM		
Alyesha Hernandez	(860) 725-2177	Alysea.thepopshop@gmail.com

*Head Coach

12U

Name	Phone	Email
Breyone Evans	(860) 709-5086	Breyone.evans@yahoo.com
Daquan Ali	(860) 944-7974	Themadewayllc@gmail.com
Ronnie Brown	(860) 65-5703	Ronniebrownjr@yahoo.com
Wallace Reid	(860) 985-0422	Wallr76@gmail.com
Shann Lockhart	(860) 328-4232	shannlockhart@yahoo.com
TEAM MOM/DAD		
Shimirah Jackson	(203) 802-0888	Jacksonshimirah@hotmail.com

*Head Coach

10U

Name	Phone	Email
Boonka Hogan	(860) 502-2940	hoganlorenzo@yahoo.com
Corey Turner	(860) 899-4769	Cturner026@gmail.com
Johnny Gore	(860)795-3613	Jgorejr14@yahoo.com
Jerrick Thomas	(860) 897-8630	jerrickbthomas@gmail.com
TEAM MOM/DAD		
Rashia Schand	(860) 986-0017	
Rashaunda Tyson	(860) 830-7525	

*Head Coach

8U

Name	Phone	Email
Durran Dunbar*	(860) 209-4261	Dmd1441@icloud.com
Everton Stewart	(860) 601-6061	Dmd1441@icloud.com
TEAM MOM		
Amber Penns	(860) 819-4025	Amber.penns@gmail.com

*Head Coach

6U

Name	Phone	Email
Kam Henderson*		
TEAM MOM/DAD		
Trachelle		

Head Coach*

Coach Contact Information

Cheer Leading Director - Tomeka Willis

Mekafields@iclouds.com

All cheerleading related inquires should be made directly to Cheer Coordinator, Tomeka Willis. If your child will not be able to attend practice call her team coach at the number listed below.

VARSITY

Name	Phone	Email
Shae Hobbs*	**860-934-4594**	**Lashaehobbs@yahoo.com**
Tiffany Nelson	860-804-9911	Babysky7512@gmail.com
TEAM MOM/DAD		
Janae Willis	860-888-1182	Willisjanai@gmail.com

*Head Coach

JR.VARSITY

NAME	PHONE	EMAIL
Shade Hewitt*	860-371-6147	**hewittshade@yahoo.com**
Ebonie Dawes	860-922-1501	**edawes02@gmail.com**
TEAM MOM/DAD		
Shyaan Sinclair	860-819-8363	**ssinc1980@gmail.com**
Mireille Henry	860-833-5440	**Mireille.maquis@gmail.com**
Shahyra Grant	860-371-5573	**Shahyragrant323@gmail.com**
Sierra Willis	860-247-8366	**dajour1son@yahoo.com**
Tomeka Fields	860-936-0385	**Mekafields@iclouds.com**

*Head Coach

PEEWEE

NAME	PHONE	EMAIL
Branna Diaz*	860-392-8407	Breannaredden2015@gmail.com
De'Asia Sinclair	860-692-4932	Asiasinclair41@gmail.com
TEAM MOM/DAD		
Melissa Campbell	347-866-3246	Mkcampbell727@gmail.com
Ernesto Diaz Jr.	619-414-8279	ernestodiazjr1990@gmail.com

*Head Coach

TINY MITES

NAME	**PHONE**	**EMAIL**
Anyra Jameson*	860-918-7829	**nyrajames11@gmail.com**
Jasmine Byrd	860-938-0037	**Byrd.jasmine92@gmail.com**
Tamyka Jones	860-997-3166	**Tamyka.renee@gmail.com**
Raeniece Mankins	860-938-7262	**Rmankins521@gmail.com**
TEAM MOM/DAD		
Samantha Roman	860-985-0557	Samanthar6392@gmail.com

*Head Coach

How can parents volunteer to help out their child's football/cheerleading team?

Parent participation is crucial to the overall success of the season. We need the assistance of participants' parents in a wide variety of activities ranging from announcing the games, working in concession to filming the game. In an attempt to provide parents with a sense of what each role entails.

Please read the following list of Volunteer Job Descriptions and sign-up for the position that suits you best.

1. **Team Parents** (all season) - The team parent is the coach's "right-hand" and works closely with the Team Parent Coordinator to help distributes team and individual material. The key responsibility is to ensure that parents are kept informed. The Team Parent Coordinator coordinates' with all the team parent volunteers before each game. Team parents are to form a GROUP ME CHAT with all parents including the coaches. In this chat, team parent will provide the schedules of games along with directions to games.
2. **Game Day Snack Parent** (multiple parent responsibility that rotates on game-by-game basis) (all games) - This is a revolving game day responsibility that is assigned by the Team Parent. It entails insuring that cool drinks are available for halftime fluid replenishment for cheerleaders and that a snack is available immediately after the game for football players.
3. **Chain Crew (Away & Home games when needed**) - This group of four parents will be assigned to work Home and Away games when needed. Two people will be required

to move the chains that indicate first down yardage requirements. One person will be needed to move the down marker and another person to hold the line of scrimmage marker. – **Mandatory for playoffs**, **State Championship** & **Regionals.**

4. **Concession Stand Workers** (home games - & high school home games) Concession Stand volunteers sell food items to patrons at home games. Workers will be under the directions of the Concession Stand Manager. Must be 16 years or older to work in concession stand.

5. **EMT's –** Bloomfield Jr. Warhawks is required to have one EMT(Emergency Medical Technician) or RN (Registered Nurse) or Doctor at **each home game**. We would like to form a list of parents with the above mentioned medical credentials who would like to help out at our home games. While events requiring the need for medical attention are infrequent, duties would include checking on injured players, using basic first aid supplies (provided) and calling 911 for advanced medical assistance or transport to hospital. Time commitment would depend on the number of parents willing to help. This could range from 1 to 4 games. Please see the Head Football Coach for more information.
6. **Fundraising – Mandatory or buy out – cost to equal sale - $150.00**
7. **Mandatory volunteering for playoffs, State Championship & Regionals – Fine will be implemented as SCPW fines the program for no show - $300.00**
8. **NOTE:** ONLY COACHES AND PLAYERS ARE ALLOWED ON THE PRACTICE FIELD AND THE FOOTBALL FIELD.

Bloomfield Jr. Warhawks

Parents Code of Conduct & Ethics

The purpose of the Bloomfield Jr. Warhawks Organization shall be to promote the physical well being and fitness of the youth and to educate them in the skill and fundamentals of football, cheerleading and other educational endeavors. So therefore:

I hereby pledge to support the purposes stated above. I will encourage good sportsmanship by demonstrating positive support and respect for all Participants, Coaches, Officials, Board Members, Staff and Opposing Teams at all times. I will, along with any guest of mine, refrain from any negative, threatening, vulgar, inappropriate or crude language/behavior while participating in, or watching any league sponsored event or practice. I will discuss this with my child and require that he or she do the same.

I will acquaint myself with league rules as published on the Bloomfield Jr. Warhawks Football Program website and agree to abide by and support these rules. I will direct all my comments and criticisms to board members and conduct myself in a calm, civilized manner when doing so.

I understand that the Bloomfield Jr. Warhawks Youth football Program will not tolerate abuse of this code of conduct. I understand that if the code is violated, the league shall have the authority to impose penalties that may include elimination of my participation in activities even to the extent of not allowing me to be a spectator.

Myself or my child may also be banned from league participation for up to 3 years depending upon the severity of the infraction.

Your cooperation is greatly appreciated.

Bloomfield Jr Warhawks
330 Park Avenue
Bloomfield CT 06002

Visit

www.bloomfieldjrwarhawks.com

Click on the Calendar Section to see the complete listing of all the other Upcoming Events Announcements and other Activities planned For the 2022 Bloomfield Jr. Warhawks Season!

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Football Questions:

When and where are football practices held?

During the month of August, football practices will be held weeknights, Monday-Friday, from 6:00pm – 8:00pm at Carmen Arace Field (Back of Rec Center 330 Park Ave). The week School starts, practice will be Tuesday, Wednesday & Thursday 6:00pm – 8:00pm. **– Home games for high school Jr. Warhawks will be in their jersey's to support the high school (Mandatory)**

My child participates in additional activities during the football season. How does this affect my child's chances of playing?

Bloomfield Jr. Warhawks encourages each player to attend and participate in each practice and game. If a player must miss a practice or game, a coach must be notified either by GROUP ME, phone call or email. Limited excused absences are acceptable and will be allowed, however excessive absences may result in loss of playing time due to lack of participation.

Unexcused absences may result in immediate loss of playing time.

What does my child need in order to participate in football?

Bloomfield Jr. Warhawks will supply the following for each player:

Game Jersey, Game Pants& Mouthpiece
Helmet
Shoulder Pads
Practice Pants

Parents will need to purchase the following items in order for your child to participate in practices and games. Check with your head coach, we may have some of these items for you to purchase directly for us.

Football Girdle 5 pockets

Game Socks (2 pairs) 1 orange & 1 Blue (Pink) During the month of October – Breast Cancer

Athletic Cup/Supporter

Football Cleats w/Rubber Spikes - No Metal Spikes!!!!

What does my child need to wear to practice?

Coaches will usually announce the dress code for the next practice.

What does my child need to wear on GAME DAY? VERY IMPORTANT!

Your team coach will tell you which jersey to wear for home and away games.

How do I find out if a game or practice is canceled due to inclement weather?

Bloomfield Jr. Warhawks Head Coach will notify the Team Parent Coordinator and they will notify the Team Parent. Team parent will send out in Group Me per age group if there is no practice or game due to inclement weather. Bloomfield will use its discretion in canceling practice. You will be notified by phone or by email, other than that all practices and games will be held ***rain*** or ***shine***. Cancellations will also be announced via Social Media outlets & web page

When and where are the games played?

All Bloomfield Jr. Warhawks home games will be played at The Bloomfield High School.

All away games will be played at the opponents respective home fields. All games will follow the same game time schedule unless otherwise noted.

How many plays will my child participate in during the games?

How are positions and playing time determined?

Coaches will evaluate each player in order to determine where they can help the team the most and ultimately where they can be the most successful. Players who demonstrate hard work, discipline, and good attendance during practices and games will be rewarded with additional recognition and playing time.

Should my child eat a big meal before practice or a game?

Energy and plenty of water are essential for a healthy athlete. It is difficult to participate on a full stomach. Your child should not eat a large meal within 1 to 2 hours of practice or game; just provide them with a substantial healthy snack instead. Juice, soda or other sugary drinks are not suitable to keep your child well hydrated. For Safety Reasons - Ample Water should be provided for practices and games.

What Attitude should I expect from my child during practice?

The first week is conditioning week, where football players and cheerleaders will be required to run, do calisthenics and practice basic stance. Because this is a rigorous and challenging week you may find that your child is tired and grumpy and reluctant to attend practice. As your child becomes fit and gain more confidence his/her attitude will improve. Your support and enthusiasm will help your child through this first tough week and the duration of the season.

Cheerleading Questions:

When and where are cheerleading practices held?

During the month of August, cheerleading practice will be held every Mon/Tues/Thurs/Sat, for 2- hours, weekdays 6-8P next to the or at the Bloomfield Rec and at Bloomfield High School Saturday mornings 10-12:30pm.

After Labor Day, practices will be Tues/Thurs/Sat 6-8P (Sat practice can change due to football games). Your coach will let you know if the locations change. Practices are for cheerleaders and coaches only, Parents, Friends, or siblings are not allowed at practice. ***Practices are for cheerleaders and coaches only, Parent, Friends or siblings are not allowed at practice***.

My child participates in additional activities during the football season. How does this affect my child's chances of playing?

Bloomfield Jr. Warhawks encourages each cheerleader to attend and participate in every practice and game. We recommend that each athlete commit to their team for the entirety of the season without any additional sports/ dance teams. If a cheerleader must miss a practice or game, a coach must be notified either by phone call or email. Three absences may result in removal from the roster.

Unexcused absences may result in your child not cheering at home or away games.

What does my child need in order to participate in cheerleading?

Bloomfield Jr. Warhawks will supply the following for each cheerleader. All of these items must be returned at the end of the season. Cheer skirt, Shell top, poms, and warm-ups. Parents will need to order the following items in order for your child to participate: Accessories package. Check with your head coach to place your order.

Money is due at time order is placed. Bloomfield Jr Warhawks 330 Park Avenue Bloomfield CT 06002

Cheer Socks,
Cheer Briefs,

Bow,
Bookbag,
Cheer Sneakers (White Only)
Sweat Suit (optional)

What does my child need to wear/bring to practice?

Bring water **(no juice or soda)**

A Towel

Wear comfortable Cheerleading Shorts (no jeans, jeans short, baggy pants or pajama pants)

A Fitted T-shirt or Tank top

Wear comfortable sneakers (**no sandals, crocs or rubber shoes**)

Wear your hair up in a pony tail away from face – no hair beads.

No Jewelry (leave all personal items at home) not responsible if they get lost or stolen

No long or fake fingernails

Cell phones will be left with the coach during practice and returned at the end of practice.

When and where are the games played?

All home games will be played at The Bloomfield High School Field.

All away games will be played at the opponents respective home fields. All games will follow the same game time schedule unless otherwise noted.

Will a bus be available to take players to and from games?

NO, parents are responsible for transporting their child to and from all games.

How do I find out if a game or practice is canceled due to inclement weather?

Bloomfield Head Coach will notify the Team Parent Coordinator, and they will notify each parent if there is no practice or game due to inclement weather. Bloomfield will use its discretion in canceling practice. You will be notified by phone or by email. other than that all practices or games will be held **rain or shine.**

I heard that the cheerleaders attend a yearly competition; can you tell me more about it?

Competition is meant to give the girls a goal to shoot for, just as the football players go to playoffs, cheerleaders go to competition. The 6u, 8u, 10u 12u & 14u are considered competitive and will compete against other squads in the league.

When is Competition held?

Local & Regional Competitions are usually held in the New Haven- Hillhouse or Massachusetts (Springfield, Worchester) area beginning in October- November. If teams qualify for Nationals (determined at Regionals) they will be invited to Universal Studios- Orlando in December.

More details along with ticket information and pricing will be given out at a later date, but please mark your calendar for this competitive yet fun event. Everyone is invited to attend. Ticket will be sold in advance, or you can purchase them at the door on a first come first serve basis

What does my child need to wear on GAME DAY?VERY IMPORTANT!

Cheerleaders should come fully dress in their uniform with clean cheer socks and clean cheer sneakers and their hair neatly pulled away from their face. Please bring water and a light snack to eat at halftime.

For more information on Cheer, visit the website at www.bloomfieldjrwarhawks.com and click on the cheerleading tab.

Players Code of Ethics

- Play safe. Tell your coach if you are injured. Make sure all of your gear fits and is in good condition. If you are unsure, ask your coach. If you are thirsty ask if you can get some water.
- Work hard every minute of practice and in games. Let your example be a role model for other players. After or before practice don't be afraid to ask your coach what you can do improve.
- Pay attention to your coaches. They are there for you. Show them that you care by looking them in the eye when they speak and by learning the plays completely.
- Show respect for your teammates by cheering for them and helping them as much as possible. Don't tease them or make fun of them.
- Encourage fair play. Always play by the rules.
- Show respect for everyone in the program, especially the referees and the opposing team.
- Never ever give up. Even if your team loses, know that you have always done your best.
- When you wear your jersey off the field, remember that you are representing your entire team by the way you behave.
- Play for fun.
- Put the team ahead of yourself in every situation.

Bloomfield Jr Warhawks
330 Park Avenue
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A Coach's Letter to Parents

"By A Raiders Alumni"

Here are some hints on how to make this a fun season, with lots of positive memories for your kids and your family.

1. Make sure your kids know that, win or lose, you love them. Be the person in their life they can always look to for support.
2. Try to be completely honest with yourself about your kids' athletic capability, their competitive attitude, their sportsmanship, and their level of skills.
3. Be helpful, but don't coach your kids on the way to the game or at the breakfast table. Think how tough it must be on them to be continually inundated with advice, pep talks, and criticism.
4. Teach your kids to enjoy the thrill of com-petition, to be out there trying, to be con-stantly working to improve their skills, to take physical bumps and come back for more. Don't tell them that winning doesn't count because it does, and they know it. Instead, help them develop a healthy com-petitive attitude, a "feel" for competing, for trying hard, for having a good time.
5. Try not to live your life through your kids. You've lost as well as won, you've been frightened, and you've backed off at times. Sure they're an extension of you, but don't assume they feel the same way you did, want the same things, or have the same attitude.
6. Don't push them in the direction that gives you the most satisfaction. Don't compete with your kids' coaches. A coach may become a hero to your kids for a while, someone that can do no wrong, and you may find that hard to take. Conversely, don't automatically side with your kids against their coaches. Try to help them understand the necessity for discipline, rules, and regulations.
7. Don't compare your kids with other players on their team - at least not within their hear-ing. Don't lie to them about their capabili-ties as a player. If you are overly protective, you will perpetuate the problem.
8. Get to know your kids' coaches. Make sure you approve of each coach's attitude and ethics. Coaches can be influential, and you should know the values of each coach so that you can decide whether or not you want them passed on to your kids.
9. Remember that children tend to exaggerate. Temper your reactions to stories they bring home from practice or the game about how they were praised or criticized. Don't criti-cize them for exaggerating, but don't over-react to the stories they tell you.

10. Teach your kids the meaning of courage. Some of us can climb mountains but are frightened about getting into a fight. Some of us can fight without fear but turn to jelly at the sight of a bee. Everyone is frightened about something. Courage isn't the absence of fear. Courage is learning to perform in spite of fear. Courage isn't getting rid of fear -- it's overcoming it.
11. Winning is an important goal. Winning at all costs is stupidity.
12. Remember that officials are necessary. Don't overreact to their calls. They have rules and guidelines to follow representing authority on the field. Teach your kids to respect authority and to play by the rules.
13. Finally, remember that if the kids aren't having fun, we're missing the whole point of athletics.

Bloomfield Jr. Warhawks Football and Cheerleading…Welcome to it!

On behalf of the Board of Directors, please accept our greeting to this year's season. Whether you're a returning athlete or a first year participant, we wish you all the best. We believe we have one of the top youth programs in the Connecticut Area – both in terms of competitiveness and values. Our success depends upon a commitment to excellence from our athletes, coaches and parents. We succeed as a community and organization, when our players learn how to work together, share successes, learn from disappointment and mature in an environment of support and leadership.

Our organization is supported by a diverse collection of individuals. We should all share in the same goals and ideals. Sportsmanship, scholarship, physical fitness, respect, spirit, discipline, responsibility, confidence and fun are all values that are consistent to the Bloomfield Jr. Warhawks family.

Please take the time to completely review your handbook. We've tried to organize its contents based on questions asked in prior years.

We hope it answers most, if not all, of your questions. If there are questions not covered, or issues you would like to address, please contact us for more information.

Our organization is successful because of you – parents and athletes. We thank you for your interest and support throughout the season.

Be safe and have a great season!

James L. Jenkins Sr.

Bloomfield Jr. Warhawks Football & Cheerleading Organization

HOW TO SIGN-UP TO VOLUNTEER:

Signup sheet are located at the registration table.

Sign-up for the job you want to volunteer for and note the commitment on your personal calendar.

Check with your team parent, head football coach or head cheerleading coach to see if you are scheduled to work and if so what game. Please report for duty at least 20 minutes prior to the start of your shift. Be sure to sign-in, so the team parent coordinator can record your hours.

If you are unable to volunteer at your required time, it is your responsibility to find a replacement for your assigned shift and to notify your team parent - not the team parent coordinator.

Please note: Pop Warner is played on Saturday's & Sunday's & commitment is expected for both days as schedules can be changed by the Home Team. **Mandatory volunteering** for **playoffs**, **State Championship** & **Regionals** is expected. It is also expected for the team to support on Home Games during the regular season, playoffs & Championship games of Bloomfield High School football schedule.

Bloomfield Jr Warhawks
330 Park Avenue
Bloomfield CT 06002

Frequently Asked Questions

How do I register my child to play or cheer?
On our website, click 'register' and create an account with your (the parent/guardian) information. While setting up your account, you can then add participants and select from available programs to sign up. Payment can be applied on our website.
Registering online is the 1st step in the registration process.

>Pop Warner requires that the Pop Warner Participant Contract & Parental Consent form as well as the Pop Warner Physical Fitness & Medical History form are completed and turned in before players and cheerleaders can participate.
>Pop Warner requires that we collect a copy of your participant's 2021/2022 complete report card
> For new participants; we are required to collect your participant's original birth certificate and a copy to be certified. The original birth certificate will be returned to you.

Pop Warner forms will be posted on our website no later than March 31st.
Once all forms and documents are turned in and the registration fee is paid in full, registration is then complete.

Click HERE to access the 2022 Pop Warner registration forms

How do I turn in the required paperwork?
Register for emails, check our website and follow us on Facebook. We will announce dates and times, when and where you can turn in your paperwork ahead of the start of the season. For the safety of your information, we cannot accept any documents until they are all complete and ready to turn in at the same time.

How do I sign up to receive emails?
On our website, click 'register' and create an account with your (the parent/guardian) information.

What kind of programs do you offer for Football and Cheer?
We are a co-ed Pop Warner Tackle Football and Cheer league.
We run a yearly Fall Pop Warner Tackle Football and Cheer Season starting in August and running thru November (sometimes December if teams reach Championship level)
We make every effort to run additional programs to provide the youth in our community added activities during our off-season months..
These may include, but are not limited to, winter flag football, Spring, summer or winter Cheer clinics, and winter, spring and summer workouts.

Does my child need to have experience to participate?
We welcome young athletes, boys and girls, of all skill levels to play tackle football or to cheer, with no experience required.

What age does my child need to be to participate?
For Tackle Football; players can start as young as 5 years old and play all the way thru 14 years old.
For Cheer, cheerleaders can start as young as 5 years old and can cheer all the way thru to 16 years old.
Players and Cheerleaders participate in our Pop Warner Tackle Football and Cheer program based on their age as of July31st of the given year.

How are teams determined?
Football teams are determined by age. 6U includes ages 5&6. 8U includes ages 7&8. 10U includes ages 9&10. 12U includes ages 11&12. 14U includes ages 13&14.
Cheer teams are determined by age groups and registration totals.. Tiny Mite will include ages 5 thru 7. Mitey Mite will include ages 7 thru 9. Jr. PeeWee will include ages 8 thru 10. PeeWee will include ages 9 thru 12. Jr. Varsity

will include ages 10 thru 13. Varsity will include ages 12 thru 16.

What is the practice schedule?
For Football; practices start with conditioning Monday thru Friday from 6pm to 8pm for 2 weeks..
Practices will then reduce to Tuesday, Wednesday and Thursday evenings from 6pm-8pm.
Younger teams team will practice 2 nights per week, and may be excused at 7:30pm.

For cheer; at the start of the season practices are Monday thru Friday from 6pm to 8pm for 2 weeks..
Practices will then reduce, and may fall on Monday, Tues, Wed or Thursday evenings.
Final Cheer practice schedules will be determined by the coach.

Families are advised to check with their coach or team parent for ALL final practice plans.

Where are practices held?
We practice at the Carmen Arace Park Ave, Bloomfield . Practice locations may change, but will always be local; in the Bloomfield area

Are parents required to attend practices?
It is best for your child that a parent or guardian is present during practices.
This is mandatory for all families with a player or cheerleader under 13 years old. Parents or Guardians should be available in the unexpected event of your child experiencing illness, an injury, an unexpected weather cancellation due to lightning, and it's especially important that parents are present to bring their child home when practice ends.

Will practices or games get cancelled in bad weather?
Football is practiced and played in all types of weather including rain, cold weather, hot weather etc. Cheerleaders cheer for the teams playing in these elements. For the safety of our participants, lightening will mandate a delay or cancellation. The town may also close fields in the event of severe weather conditions.

When and Where are games played?
Games are usually on Sundays, but some may be on Saturdays as well.
We play home games at the Bloomfield High School
Away games are played in towns throughout Connecticut, with Pop Warner Tackle Football teams affiliated with Southern Connecticut Pop Warner (SCPW). Occasionally, in the event of challenges with filling schedules, SCPW may plan a game that is out of state.
Game times are generally spread throughout the day with younger teams playing the earliest games and older teams playing the later games.
Families are encouraged to consult with their coach or team parent for game schedules and required arrival times.

Does the league provide transportation to away games?
Parents/guardians are expected to provide transportation for their player or cheerleader.
In the event there is a conflict, parents/guardians are encouraged to reach out to their coach or team parent to arrange car pooling.

If I have more than one child participating, will they always play in the same place on the same day?
Southern Connecticut Pop Warner makes every effort to schedule for leagues to play all teams in the same place on the same date,
Despite their best efforts, this can't always be accomplished, and some teams may travel to different places.
Families are encouraged to work with their coach and/or team parent to arrange car pooling when needed.

Does the league provide equipment and uniforms?
After the registration fee is paid in full;
Football players will be provided the game uniform and a practice jersey.
Football players will be provided shoulder pads, and a helmet.
Parents/guardians are required to supply padded practice pants, cleats, mouth guard and protective cup; all of which is

required for player safety.

Cheerleaders will be provided their game day cheer uniform including the cheer skirt, cheer top and bow.
Cheerleaders will be provided pom-poms.
Parents/guardians are expected to provide white cheer shoes and socks, and athletic under shorts.

ALL League provided equipment and uniforms will be returned to the league after the player/cheerleader's final game of the season.

Can I request a refund?
Refunds can be processed up until the league participates in our first game/jamboree of the season. A $25 processing fee will be withheld from refunds.

Who should I contact if I want to volunteer to help the league?
It takes a lot of work to run a football and cheer program, so we appreciate every parent and family member who is willing to contribute.
During the season we will send out sign up opportunities to assist during our home games. There are plenty of roles to be filled, and even an hour of your time makes a big difference.
Check our website for details about our 'Gridiron Club'. This is another volunteer role, working with a group of other fun and invested parents and families.

Who should I contact if I am interested in Coaching?
We always appreciate parents and family members who want to contribute and work with our kids.
If you are interested in coaching Football, please send us an email at Bloomfieldjrwarhawks@gmail.com.
If you are interested in coaching Cheer, please send us an email at Bloomfieldjrwarhawks@gmail.com.

Who should I contact if I am interested in joining the league Board of Directors?
We are very interested to hear from parents and family members who want to participate in planning and running the organization and making it the best program possible for our kids.
Please send us an email at Bloomfieldjrwarhawks@gmail.com

Bloomfield Jr. Warhawks Coaches Code of Ethics

1. Be positive in your approach to the players. Reserve criticism for private and make it constructive. Cursing is not allowed on the practice field or playing field. Positive Impact has been a long-standing theme of the league.
2. Accept the decisions of the game officials on the field as being fair and called to the best of their ability. When there is a question or dispute handle it in a professional and mature manner that would exhibit positive character. Be an example of good sportsmanship to the players, parents and spectators… don't just talk it.
3. Support the opposing players and coaches. Criticizing the other team by word of mouth, gesture, reactions or any other way is not acceptable whether on or off the field.
4. No coach at anytime should smoke or use smokeless tobacco or consume alcoholic beverages while on the playing or the practice field.
5. Strive to make every football activity serve as a training ground for life and a basis for good mental, emotional, and academic health. Coaches should encourage their players to put schoolwork first and football second. Maintain balance.
6. It is expected that each coach teach the age appropriate fundamentals of the game. Football is the ultimate team sport. Stress that teamwork and hard work is the way to win in football and in life. Also, effort should be noticed and awarded. Players should know that winning does not always have to do with the score of a game.
7. Coaches are responsible for their fans. Coaches should control their fans and remember that they will usually follow your example and your influence.
8. Coaches should abide by and uphold all rules and expectations. Bloomfield Jr. Warhawks & Pop Warner League rules apply to all games regardless of where they are played. Coaches will not teach or encourage players to "hedge" on rules that have been set forth by the league leadership.
9. A coach should never incite un-sportsmanlike conduct which includes but is not limited to running up the score, piling on, getting revenge on another player or team, excessive arguing with referees, leading the team in any kind of taunting chants or sayings and anything else that is not consistent with good sportsmanship.
10. At all times every coach should make decisions that are best for the players. Our leagues and this conference are about the kids and the love of the game of football and every effort should be taken to protect and uphold that fact. At no time should a coach let his love for winning override his love for the players and the integrity of the game.
11. Before the game begins, each team is to line up on for the flip of the coin. Once the flip is finished and the kick off/return teams have been determined, the teams will then meet at the 50-yard line to shake hands. This shall be lead by the coaches for the purpose of promoting sportsmanship throughout the league.
12. Each coach is expected to be a leader and lead with excellence. This means everyone who is present at any game and/or practice follows the above guidelines because of the influence of the coaches. Leadership is influence. Therefore, coaches are expected to be a leader of influence and lead their team to positive impact.

Bloomfield Jr Warhawks
330 Park Avenue
Bloomfield CT 06002

13. Any coach that disobey these rules will be dismissed from the Bloomfield Jr. Warhawks program.

Important Dates:

- **Schedule of Home & Away Games**
- **www.doublegood.com – Popcorn Virtual Fundraiser – 9/8-9/12**
- **Picture Day TBA at Bloomfield High School**
- **Car Wash TBA – Blue Hills Fire House**
- **Cookie Fundraiser - TBA**
- **Pre-Cheer competition show TBA**
- **Paint & Sip TBD**
- **Helmet shake - TBA**
- **Revolutions – Bowling – Family Night – Fundraiser – TBD**
- **Bonding Night – Board, Coaches (cheer & football parents – Village Pizza - TBD**
- **Roller Skating – Fundraiser - TBD**
- **Regionals -**
- **Championship**
- **Nationals**
- **Volunteers for Christmas (Bloomfield Congregational) drop off**
- **Banquet**
- **Pizza Kit Fundraiser – TBA**
- **Offseason Conditioning**

Bloomfield High School Home Games

It's been a tradition that when The Bloomfield High School War-Hawks have a scheduled home game, Bloomfield Jr. Warhawks Football will run Concessions. Football & Cheer to be in Jerseys or Cheer Uniform at 6pm. (Concession staff on highschool games will assemble @4:00pm for set up).

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GRIEVANCE POLICY

If any parent or participant has a concern or complaint the following procedure must be followed:

1. Talk to your child's coach after practice or game.
2. If the parent is not satisfied the Director of football should be contacted.
3. If the parent is still not satisfied the Vice President should be contacted.
4. If at this time the parent feels the concern still has not been corrected, the concern should be brought to the President. If the President is unable to resolve the complaint he/she will present the complaint to the Board of Directors for further investigation.
5. If at this point the parent is still not satisfied the league President will bring it to the Board. **AT NO TIME** should a parent contact the Central Connecticut Pop Warner Conference.

This handbook has been put together over the past few months and is a summary of everything we feel is important to running a successful program.

Since we all learn something new every day, this document is always being reviewed and updated.

We welcome your ideas and suggestions on how we can make Bloomfield Jr. Warhawks Youth Football & Cheer Program better for everyone

You can also view this handbook and find out about other upcoming events on our website @ www.bloomfieldjrwarhawks.com

Have a great season!

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